



### PE & Sports Grant Action Plan & Outcomes for 2018/19

In the financial year 2018/19 Carleton Rode School received £16,477 funding for PE & Sports, there was also a carry forward from 2017/18 of £4,397, leaving a total to spend of £20,874. It was allocated in the following ways:

Activity or Resource	Cost	Impact
Trip to Wimbledon to watch tennis, includes tickets, transport, parking and staffing	£603.86	Enabled tennis club children to visit and experience extraordinary, high level tennis helping to develop children's ambition.
Afterschool / lunchtime sports clubs, 1 afterschool and 1 lunch club per week all year	£738.00	Provided children with opportunities to take part in activities which they may not otherwise be able to, at no cost to parents / carers. Uptake was good and feedback is that children enjoyed this and felt their skills had improved.
Equipment to improve current sports, PE & wellbeing provision.	£4003.68	Provided opportunities for children to participate in pre-school active play from 8.40-8.55am, increasing fitness levels. Staff and children now able to use technology to record PE/sports events and play back to study/critique and improve performance. Provided children with poor mental health and wellbeing with support through books and software.
Resources to promote healthy eating, wellbeing and healthy lifestyle.	£71.82	Children able to participate in healthy eating activities and have a better understanding of what constitutes a healthy snack/meal and why.
Wellbeing support worker including yoga & mindfulness	£297.50	Some children in need of support and intervention were seen 1:1 for sessions and given a range of strategies to help themselves including yoga & breathing exercises. This was very successful in helping improve things for all involved.
Cluster sports co-ordinator	£1803.77	Organisation of interschool sports competitions. Children competed with their peers on much larger scales and talented children had opportunities for extension beyond our small school.
Travel to sports events, including cluster tag rugby, cricket, multi-skills, cross country, etc. & facility hire	£1477.00	Interschool competitions and events included: cross-country, multi-skills, rounders, football, cricket, netball and rugby.
Sports Specialist Sessions, Impact Days & Events	£1288.50	Children tried different sports, including Irish dancing. Children had a motivational day with a GB Olympic athlete and an inspiring presentation and activities with an explorer.

The balance of £10,977.37 is being carried forward as we have a planned spend for 2019-20