



PE & Sports Grant Action Plan & Outcomes for 2019/20

In the financial year 2019/20 Carleton Rode School received £16,490.00 funding for PE & Sports, there was also a carry forward from 2018/19 of £10,977.00 leaving a total to spend of £27,467.00. It was allocated in the following ways:

Activity or Resource	Cost	Impact
Trip to Wimbledon to watch tennis, includes tickets, transport, parking and staffing	£611.47	Enabled tennis club children to visit and experience extraordinary, high level tennis, so helping to inspire and develop our children's ambition.
Afterschool / lunchtime sports clubs at no cost to families.	£384.00 Set Your Sights and £245.00 Gymnastics	Provided children with opportunities to take part in activities which they may not otherwise be able to, at no cost to parents or carers. Uptake was good and feedback is that children enjoyed these sessions and felt their skills and fitness had improved.
Equipment to improve current sports, PE & wellbeing provision.	£972.72	Provided opportunities for children to participate in pre-school day active play from 8.40-8.55am and at break and lunch playtimes, increasing fitness and wellbeing levels. Provided children with equipment and resources to aid wellbeing, improved mental health allowing them to calm and relax.
Wellbeing support worker including yoga & mindfulness	£980.00	Children in need of additional support and intervention were seen 1:1 for sessions (parents and carers were also involved) and given a range of strategies to help themselves including yoga & breathing exercises. This was very successful in helping improve things for all involved.
Cluster sports co-ordinator	£2,457.92	Organisation of interschool sports competitions. Children competed with their peers on much larger scales and talented children had opportunities for extension beyond our small school.
Travel to sports events, including cluster tag rugby, cricket, multi-skills, cross country, etc. & facility hire	£725.33	Interschool competitions and events included: cross-country, multi-skills, rounders, football, cricket, netball and rugby.
Sports Specialist Sessions, Impact Days & Events	£1,074.00	A whole-school visit to High Lodge involved orienteering, navigating, walking and playing on all the equipment. Children felt they had challenged themselves. A KS1 visit to Norwich Plantation Gardens to treasure hunt (orienteering) and do several physical wellbeing activities was very popular and added to the children's skill-set.



Large Outdoor Area Equipment	£9,761.63	A timber climbing wall was installed with safety surfacing. This is hugely popular and kept the children very active during all outdoor times.
Partnership Wellbeing and Activity Day – Climbing Wall, Yoga & Dance	£925.00	Feedback from children was that it clearly challenged them and it was very enjoyable to try new activities led by experts.
TA upskilling with coach Tim Courridge	£1,855.00	TA reported now knowing rules of games and how to safely warm up, warm down and see how skills built and progressed into small-sided games.

The balance of £7,474.93 is being carried forward as we have a planned an outdoor fitness equipment spend for 2020-21.